

## Code of Conduct for Parents

Parents are expected to:

1. Complete and return the Medical and Consent forms as requested by the club and detail any health concerns relevant to the child on the consent form. Any changes in the state of the child's health should be reported to the coach prior to coaching sessions. Parents should also ensure the club has up to date contact details for you and any other person who has parental responsibility for the child.
2. Deliver and collect the child from coaching sessions and competitions punctually. Parents / carers should inform a member of the committee or coaching staff if there is an unavoidable problem.
3. Support the clubs coaching staff to deliver appropriate levels of training to enable your child to progress that will on occasion involve changing the lane your child swims in and / or training times.
4. Ensure your child is properly and adequately attired for the training session/events including all required equipment, i.e. hats, goggles, fins, floats etc.
4. Inform the coach or club official before a session if your child is to be collected early from a coaching session/meet and if so by whom.
5. Encourage their child to obey club rules and do their best in both training and competition
8. To provide positive feedback and ensure parental expectations are realistic and do not put the child under unnecessary pressure.
7. Behave responsibly as a spectator at training/meets and treat swimmers, coaches, committee members and parents of yours and other clubs with due respect meeting the ASA commitment to equality, diversity and inclusion.
7. Ensure they do not use inappropriate language within the club environment.
8. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the club coach/nutritionist.
10. Support the club coach and committee appropriately and raise any concerns you have in an appropriate manner. Details of the club Welfare Officer can be found on the club notice boards and website.
11. Do not enter poolside unless requested to do so or in an emergency. If you wish to have a discussion with the coach check with the club Welfare Officer how this can be arranged.

The club will undertake to:

- a. Inform you at once if your child is ill and ensure their wellbeing until you are able to collect him/her.

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- b. Ensure ASA child protection guidelines are followed at all times to keep your child safe.
- c. Ensure all activities are properly supervised/ taught/ coached and consent is obtained for any activity outside of that previously agreed.

The parent has a right to:

- a. Make a complaint to the club if they feel the club or a member of the club is not acting in accordance with ASA/club laws and rules. Details of how to do this can be obtained from the club Welfare Officer.
- b. Make a complaint on behalf of their child to the ASA.

I acknowledge receipt of the rules of Carnforth and District Otters Swimming Club and confirm my understanding and acceptance that such rules (as amended from time to time) shall govern my membership of the Club. I further acknowledge and accept the responsibilities of membership upon members as set out in these rules.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_